

Self Assessment: Step 2

Step 2: Read the analysis done by Monster.com and Teamtechnology.co.uk

Everyone is an individual, but the Myers Briggs model highlights general themes or similarities between people. Reading this section may help you to consolidate your preferences and personality type.

ESTJs take their energy from the outside world of actions and spoken words. They prefer dealing with facts and the present, and make decisions using logic. Their lives are organized on a logical basis. They are practical, and likely to implement tried and trusted solutions to practical problems in a businesslike and impersonal manner. They prefer to ensure that details have been taken care of rather than spend time considering concepts and strategies.

People of this type tend to be energetic, friendly and outspoken; productive, organized and efficient; realistic and sensible but often skeptical about new or untested ideas; honest and direct to the point of bluntness; quick decision makers, opinionated, traditional, serious and accountable. The most important thing to ESTJs is doing the right thing and being in charge.

Careers include:

Business executive

Military officer

Chief Information Officer

Sports merchandise sales

Paralegal

Real estate agent

Budget analyst

Healthcare administrator

Database manager

Corporate financial attorney

Pharmacist

Credit counselor

Insurance agent

Teacher: trade, industrial, technical

Property manager

INFPs take their energy from the inner world of thoughts and emotions. They prefer dealing with patterns and possibilities, especially for people, and prefer to make decisions on the basis of personal values. Their lives are flexible, following new insights and possibilities as they arise. They are quiet and adaptable (up to a point - when their values are violated the normally adaptable INFP can surprise people with their stance). They will seem to be very interested in ideas, and may sometimes make very creative contributions. They have hidden warmth for people and a desire to see themselves and others grow and develop. They prefer to undertake work that has a meaningful purpose.

People of this type tend to be quiet, reserved and kind; deeply passionate, sensitive and easily hurt; loving and dedicated to those close to them; creative, original and imaginative; curious and flexible in small matters; nonconforming. The most important thing to INFPs are their deeply held beliefs and living in harmony with their values.

Careers include:

Psychologist

Human resources professional

Physical therapist

Researcher

Translator / interpreter

Legal mediator

Employee development specialist

College professor: humanities

Massage therapist

Social worker

Librarian

Fashion designer

Editor / art director

ESFPs take their energy from the outside world of actions and spoken words. They prefer dealing with facts, which they usually take at face value. They also prefer dealing with the present and with people, and probably derive much enjoyment out of friendships. Their life is flexible; they live in the present, and respond to things as they arise. They are impulsive and friendly, seek enjoyment out of life, and make new friends easily. They like taking part in solving urgent problems, such as fire-fighting or trouble shooting. They operate best in practical situations involving people.

People of this type tend to be warm, gregarious and playful; impulsive, curious and talkative; sensitive, caring and gentle; social and unpredictable with a great zeal for life; active, responsive and highly aware of the physical world. The most important thing to ESFPs is the freedom to be spontaneous, have fun and enjoy the company of others.

Careers Include:

Early childhood education teacher

Dental assistant

Chief Information Officer

Sports merchandise sales

Physical therapist

Home health social worker

Public relations specialist

Radiological technician

Occupational therapist

Travel agent / tour operator

Veterinarian

Special events coordinator
Occupational therapist

INTJs take their energy from the inner world of thoughts and emotions. They prefer dealing with patterns and possibilities for the future, and making decisions using impersonal analysis. Their lives are organized on a logical basis. They are strategists, identifying long-term goals and organizing life to meet them. They tend to be skeptical and critical, both of themselves and others, with a keen sense of deficiencies in quality and competence. They often have a strong intellect, yet are able to attend to details that are relevant to the strategy.

People of this type tend to be autonomous, aloof and intellectual; imaginative, innovative, and unique; critical, analytical and logical; intellectually curious, driven to learn and increase their competence and knowledge; socially cautious and reserved; organized and definitive. The most important thing to INTJs is their independence and being able to live according to their own standards.

Careers include:

Intellectual property attorney

News analyst

Design engineer

Biomedical researcher

Network integration specialist

Software developer

Psychiatrist

Cardiologist

Freelance writer

Media planner

Chief Financial Officer

Webmaster

Architect

Desktop publishing specialist

ESFJs take their energy from the outer world of actions and spoken words. They prefer dealing with facts, and making decisions on the basis of personal values. They like dealing with people, and organizing life on a personal basis. They are very warm people, seeking to maintain harmonious relationships with colleagues and friends, who are a very important part of their lives. They can find conflict and criticism very difficult to handle. They have a strong sense of duty and loyalty, and are driven by a need to belong and be of service to people.

People of this type tend to be active, friendly and energetic; outgoing, affectionate and talkative; concerned about others and careful to be polite and cooperative; realistic, literal and conscientious; highly sensitive and easily hurt; organized, responsible and conventional. The most important things to ESFJs are their relationships and helping people in real and practical ways.

Careers include:

Real estate agent

Personal fitness trainer

Veterinarian

Exercise physiologist

Registered nurse

Home health worker

Merchandise planner / buyer

Massage therapist

Travel agent

Employee assistance counselor

Credit counselor

Special education teacher

INTPs take their energy from the inner world of thoughts (and, maybe, emotions). They prefer dealing with patterns and possibilities, and making decisions on a logical basis. Their lives are flexible, following new insights and possibilities as they arise. They are quiet and detached, and adaptable (up to a point - sometimes they may stop adapting, insisting that there is a clear principle at stake). They are not interested in routine, and will often experiment or change things to see if they can be improved. They operate best when solving complex problems that require the application of intellect.

People of this type tend to be quiet, independent and private; logical and unemotional; creative, ingenious and innovative, global thinkers; curious and driven to increase their competence; casual and adaptive; nonconforming and unpredictable. The most important thing to INTPs is their privacy and the opportunity to solve complex problems in unique ways.

Careers Include:

Computer software designer / developer

Legal mediator

Financial analyst

Economist

College professor: philosophy, economics

Musician

Intellectual property attorney

Web site designer

Investigator

Strategic planner

Neurologist

Pharmaceutical researcher

Network integration specialist

ENFPs take their energy from the outer world of actions and spoken words. They prefer dealing with patterns and possibilities, particularly for people, and make decisions on the

basis of personal values. Their lives are flexible, following new insights and possibilities as they arise. They are creative and insightful, often seeking to try new ideas that can be of benefit to people. They may sometimes neglect details and planning, but enjoy work that involves experimentation and variety, working towards a general goal.

People of this type tend to be enthusiastic, talkative and outgoing; clever, curious and playful; deeply caring, sensitive and gentle; highly innovative, creative, optimistic and unique; adaptable and resourceful but sometimes disorganized. The most important thing to ENFPs is the freedom to see possibilities, make connections and be with a variety of people.

Careers Include:

Art director

Copywriter

Corporate team trainer

Psychologist

Inventor

Human resources professional

Developer of educational software

Journalist / magazine reporter

Graphic designer

Advertising account executive

Career / outplacement counselor

Management consultant

ISTJs take their energy from the inner world of thoughts (and, maybe, emotions). They prefer dealing with facts, and making decisions after considering the various options. They organize their life on a logical basis. They are quiet, serious and well prepared for most eventualities. They are keen observers of life, developing a good understanding of situations, which is often not expressed. They have a strong sense of practical objectives, and work efficiently to meet them.

People of this type tend to be cautious, conservative and quiet; literal, realistic and practical; careful and precise; logical, honest and matter of fact; resistant to change and comfortable with routine; hardworking and responsible. The most important thing to ISTJs is being of service, working hard and being responsible.

Careers Include:

Construction / building inspector

Police detective

Primary care physician

Biomedical researcher

Office manager

Credit analyst

Paralegal

Accountant

Real estate broker
Database administrator
Healthcare administrator
Meteorologist
Chief Information Officer

ESTPs take their energy from the outer world of actions and spoken words. They prefer dealing with facts, which they usually views objectively, and make decisions on a logical basis. Their lives are flexible, consisting of a series of activities that interest them. They are action oriented problem solvers, and prefer to work with practical organizational issues. They can be impulsive, and like taking part in trouble-shooting-type work. They can sometimes neglect follow-through, but will work best when there is a lot going on that needs organizing and solving.

People of this type tend to be active, adventurous and impulsive; talkative and curious; casual, adaptive and free-spirited; logical and calm but capable of great humor, fun and charm; observant and totally present in the moment; literal and practical. The most important thing to ESTPs is the freedom to have fun and fully experience life in the here and now.

Careers Include:

Private investigator
Tour agent
Insurance agent
Teacher: trade, industrial, technical
General contractor
Developer of electronic games
Exercise physiologist
Insurance agent
Civil engineer
Corrections officer
Stockbroker
Emergency medical technician

INFJs take their energy from the inner world of thoughts and emotions. They prefer dealing with patterns and possibilities, particularly for people, and makes decisions using personal values. Their life is organized on a personal basis. They often have a private sense of purpose in life, and work steadily to fulfill that goal. They demonstrate a quiet concern for people, being interested in helping them to develop and grow. They are good at developing insight into people, though it can often remain unexpressed.

People of this type tend to be creative, original and independent; thoughtful, warm and sensitive; global thinkers with great passion for their unique vision; cautious, deliberate and never without a plan; organized, productive and decisive; reserved and polite. The most important things to INFJs are their ideas, and being faithful to their vision.

Careers Include:

Therapist

Director of religious education

Editor / art director

Writer

Speech / language pathologist

Career counselor

Diversity manager / trainer

Alcohol and drug addiction counselor

Special education teacher

ENFJs take their energy from the outer world of actions and spoken words. They prefer dealing with patterns and possibilities, particularly for people, and make decisions using personal values. Their life is organized on a personal basis, seeking to develop and maintain stable relationships with those people they like. They are actively concerned with promoting personal growth in others. They are also highly sociable, and expressive of feelings towards others, but can find conflict and criticism difficult, particularly if it might damage long term relationships. They work best in situations involving people.

People of this type tend to be friendly, outgoing and enthusiastic; affectionate articulate and tactful; highly empathetic but easily hurt; creative and original; decisive and passionately opinionated, productive, organized and responsible. The most important thing to ENFJs is their relationships and the opportunity to communicate and connect with others.

Careers Include:

TV producer

Occupational therapist

Marketing executive

Writer / journalist

Social worker

Human resources professional

Corporate trainer

College professor: humanities

Fund- raiser

Therapist

Career or outplacement counselor

Magazine editor

Advertising account executive

ISTPs take their energy from the inner world of thoughts (and, maybe, emotions). They prefer dealing with facts and making decisions on a logical basis. Their life is flexible, demonstrating an interest in acquiring new information that leads to a practical understanding of the way the world works. They are quiet and detached, and adaptable (up to a point). They are often good at solving organizational problems that need to be thought through. They are curious about how and why things work, and can seem impulsive, sometimes producing surprising ideas or doing something unpredictable.

People of this type tend to be logical, pragmatic and matter of fact; quiet, unassuming, and autonomous; realistic, pragmatic and aloof; impulsive and curious about the physical world; flexible and resourceful; objective and unemotional. The most important thing to ISTPs is the freedom to act independently and follow their impulses.

Careers Include:

Emergency medical technician

Private investigator

Firefighter

Physical therapist

Lawn service manager

Pharmacist

Software developer

Information services manager

Paralegal

Police officer

Commercial pilot

Computer programmer

ENTJs take their energy from the outer world of actions and spoken words. They prefer dealing with patterns and possibilities, and making decisions after considering the consequences of the various courses of action. Their lives are organized on a logical basis. They tend to control life, organizing systems and people to meet task oriented

goals. They often take the role of executive or director, using a business-like and impersonal approach. They may appear intolerant of people who do not set high standards for themselves or don't seem to be good at what they do.

People of this type tend to be friendly, strong-willed and outspoken; honest, logical, and demanding of themselves and others; driven to demonstrate competence; creative with a global perspective; decisive, organized and efficient. The most important thing to ENTJs is demonstrating their competence and making important things happen.

Careers Include:

Intellectual property attorney

Investment consultant / planner

Economic analyst

Chemical engineer

Educational consultant

Judge

Financial planner

Real estate developer

Marketing executive

Management consultant

Franchise owner

Network integration specialist

Chief Executive Officer

ISFPs take their energy from the inner world of thoughts and emotions. They prefer dealing with facts and people, and making decisions on the basis of personal values. They are adaptable (up to a point), quiet and friendly. They are interested in people, enjoying their company preferably on an individual basis or in small numbers. They take a caring and sensitive approach to helping others. They enjoy the present, and tend to dislike confrontation and conflict. They usually act as a very supportive member of a team.

People of this type tend to be kind, humble and highly empathetic; thoughtful, faithful and affectionate with those they know well; sensitive to criticism and easily hurt; quiet, soft-spoken and gentle; adaptable, responsive and curious; realistic and down to earth. The most important thing to ISFPs is feeling peaceful and harmonious with the people and places that matter most to them.

Careers Include:

Surveyor

Registered nurse

Dental hygienist

Travel agent / tour operator

Home health worker

Medical assistant

Alcohol and drug addiction counselor

Customer service representative

Fashion designer

Chef

Paralegal

Designer: interior / landscape

Massage therapist

Occupational therapist

Primary care physician

ENTPs take their energy from the outer world of actions and spoken words. They prefer dealing with patterns and possibilities, and making decisions on a logical basis. They are adaptable, tending to focus on new ideas and interests as and when they arise, particularly if they involve increasing his/her competence or skill. They are ingenious problem solvers, constantly trying new ideas out, and can seem to enjoy a good argument. They are interested in instigating change, and operate best in overcoming new difficulties where the solution requires the application of creative effort.

People of this type tend to be friendly, charming and outgoing; quick-witted, energetic and irreverent; ingenious, imaginative and creative; curious, flexible and unpredictable; logical and analytical. The most important thing to ENTPs is being creative, seeing possibilities and always having new challenges.

Careers Include:

Real estate developer

Strategic planner

Internet marketer

Advertising creative director

Copywriter

Radio / TV talk show host

Management / marketing consultant

Investment banker

ISFJs take their energy from the inner world of thoughts and emotions. They prefer dealing with facts and people, and making decisions on the basis of personal values. Their life is organized on a personal basis, seeking to enjoy relationships with people they like. They are quiet, serious observers of people, and are both conscientious and loyal. They prefer work that involves being of practical service to people. They are often concerned for and perceptive of how other people feel and dislikes confrontation and conflict.

People of this type tend to be cautious, gentle and thoughtful; hesitant until they know people well then affectionate and caring; very literal and aware of the physical world; uncompromising about personal standards and easily offended; diligent and conscientious, organized and decisive. The most important thing to ISFJs is living a stable, predictable life and helping people in real ways.

Careers Include:

Property manager

Innkeeper

Primary care physician

Dietitian

Home health worker

Librarian / archivist

Interior decorator

Paralegal

Credit counselor

Customer service representative

Bookkeeper

Hospice worker

Guidance counselor

Special education teacher